

Volume 1 | Issue 1  
Summer 2017

# NAMI Louisville Education Update

[namilouisville.org](http://namilouisville.org)

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*Go out and achieve  
anyway –  
LebowskiFest.com*

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## NAMI Education 2017 underway

We have a Family to Family class that is well underway at Christ Lutheran Church in Jeffersontown. Thank you Molly, Charles, and Liz for your great teaching effort, and helping our mission!

Dante and Aaron are offering a Family to Family class at the Carl Braden Memorial Center. Charles came to support as well. We are excited to be a part of this new community offering and Partnership with the Kentucky Alliance.



Don't forget that NAMI Louisville's largest fundraising and community awareness event is coming up on August 12 at Waterfront Park. Register at:

<http://2017step-forward-for-mental-health.everydayhero.do>

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*Everyone has a seat  
at our table*

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Have a look below at all of the exciting upcoming activity you can get involved with for NAMI Louisville Education.

## Summer Education Committee Meeting

Sunday August 20, 2017 11 AM – 1 PM

1449 Mellwood Ave, Louisville, KY 40206

RSVP to [aaron.drake@namilouisville.org](mailto:aaron.drake@namilouisville.org) or 502-594-2457

## Anthem Grant Appreciation Breakfast

As a thank you to Anthem for the grant that helped fund NAMI Louisville programming this year, Jean has organized an event. Please show up and get to mingle with the Anthem crew, as they are very interested in the work that we are doing.

Tuesday August 1, 2017 9 AM – 10:30 AM

The Brook Dupont 1405 Browns Ln, Louisville, KY 40207

RSVP to [jean.henry@namilouisville.org](mailto:jean.henry@namilouisville.org) or 502-588-2008

## Lessons Learned from the Field

### Is it a Triangle?

As we continue to outreach into new communities, should we think of NAMI's offerings as a triangle? We need to offer support to the community first, and build the foundation. After the community is supported. As we moved into new neighborhoods, I think that this is the approach seems clear to me now. I would like to hear feedback from others involved, and looking forward to hearing you at the next NAMI Lou Education Committee meeting.

### A Strategy: Education → Support group conversions



I have reflected on the recent challenges we have faced getting enrollment and turnout for Family to Family or Basics classes. First, I want to say the fact that we are offering the classes and raising awareness in the community of the work that we do is already a win. However, where we would have liked to have filled our educational offerings this year, I think we must use the opportunity to convert these classes to Support groups. Once Support groups are formed, and we have a sufficient base, we would then plan an educational class and use the support group as outreach to fill the classes. I would like to hear feedback from others.

## Volunteer Requests

### Crisis Intervention Training meeting for LMPD

The CIT training team **needs a volunteer** to attend the CIT training. The primary offering that this volunteer would need to provide is just to be able to share a brief personal story on how mental illness has affected them or someone they are close to. This story does not have to involve previous interactions with the police. I recently came to learn of a fatal shooting in Chicago of a young man named Laquan McDonald, who had been diagnosed with PTSD and other mental conditions. For me, this story underscores the importance of our work in CIT and Louisville.

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Thank you to our officers who are involved in CIT and to the volunteers who are there to convey the complexities of mental illness to our officers.

Tuesday July 18 at 10 AM

Our Lady of Peace 2020 Newberg Road

RSVP to [jean.henry@namilouisville.org](mailto:jean.henry@namilouisville.org) or 502-588-2008

### **Connect with Americana Center**

Mike Nash will be helping to establish a **F2F class** in the Fall for the Beechmont/South End neighborhood. NAMI Louisville **needs another volunteer** to help coordinate and establish this class. We are looking to engage the Americana Center to offer a class. This neighborhood is diverse with numerous immigrant families and offers a number of amenities to the community, including St. John's Vienay Catholic Church, the Survivors of Torture Recovery Center. If anyone is interested to teach this new class with Mike in the Fall, please RSVP to [aaron.drake@namilouisville.org](mailto:aaron.drake@namilouisville.org) or 502-594-2457.

### **Connect with The Table**

We **need a volunteer** to help engage with The Table, which is a community space and restaurant that is 100% volunteer run in the Portland Neighborhood. If you would be interested to help us establish a F2F class in the Portland neighborhood, please REPLY to [aaron.drake@namilouisville.org](mailto:aaron.drake@namilouisville.org) or 502-594-2457.

### **Volunteer Appreciation Event Planning**

I would like to **have a volunteer** to plan an event for our community of volunteers. We have a budget of \$500 to spend on the event, and we will need to be creative on how to get the word out, organize and plan it. I would like for the event to be some time in late September or early October, but we need to watch out for the busy fall tourism season, so let's talk! Please REPLY to [aaron.drake@namilouisville.org](mailto:aaron.drake@namilouisville.org) or 502-594-2457.

### **JCPS and surrounding schools systems**

I would like to **have a volunteer** to help me stay engaged with JCPS and Family Youth Resource and Services Centers! Please REPLY to [aaron.drake@namilouisville.org](mailto:aaron.drake@namilouisville.org) or 502-594-2457.

### **Fall Teachers and Support leaders**

Please confirm your interest to teach or lead support group for the coming Fall session that is starting the week of Labor Day in September. Please REPLY to [aaron.drake@namilouisville.org](mailto:aaron.drake@namilouisville.org) or 502-594-2457.

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