

What Mental Health Professionals Say About Our Program:

"I refer many of my patients, from both EPS and my outpatient practice, to Wellspring's Crisis Stabilization Program. They provide a unique and essential service for many of our psychiatric patients." ~ Rif S. El-Mallakh, MD.

"Wellspring's Crisis Stabilization Program provides quality care, using evidence-based practices. Treatment strategies are always coupled with kindness and compassion." ~ Dr. Sajida Zubi Suleman. M.D.

"NAMI Louisville finds that families are relieved to learn there is another option besides hospitalization for their loved one. Wellspring's CSUs provide a home-like environment that not only helps individuals when they are in a psychiatric crisis, but also includes families in the recovery process." ~ Jean Henry, Executive Director of NAMI Louisville

What Our Clients Say About Our Program:

"The staff is wonderful and very concerned for our well-being. This program is a huge blessing to the community. Thank you deeply."

"Had no hope when I came here. Now I have a positive attitude."

"I felt safe there... I would return in the future if I needed help again."

Wellspring's Crisis Stabilization Program is recognized as an essential, effective component of our community's mental health system.



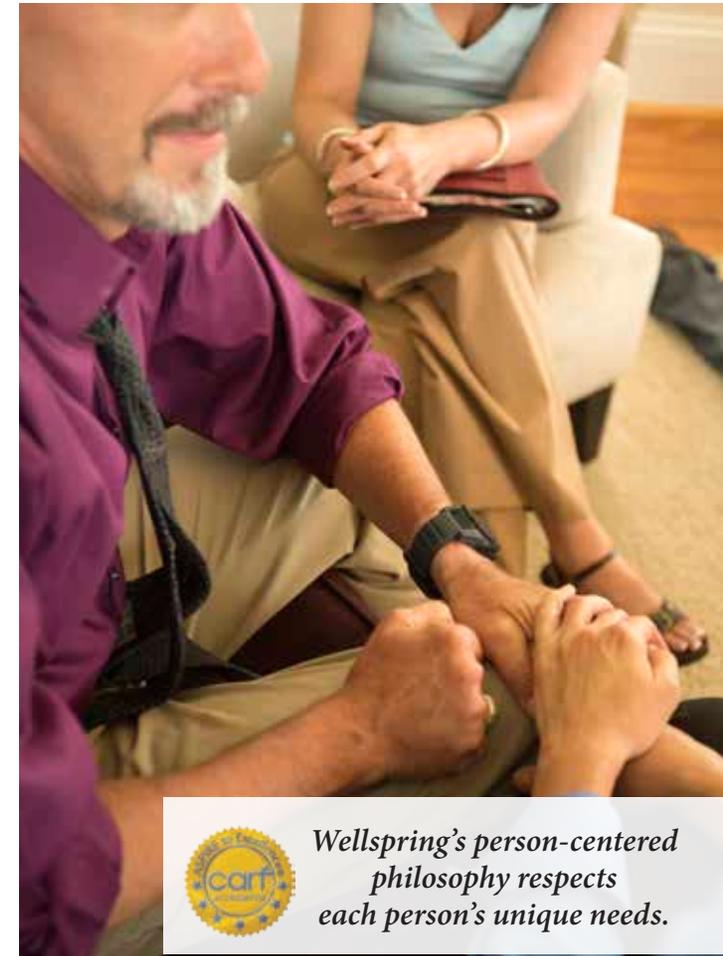
The Crisis Stabilization Program serves individuals age 18 or over who are experiencing acute psychiatric distress, but are otherwise medically stable. All admissions are on a voluntary basis.

Admissions
(502) 561-1072



Crisis Stabilization Program

*Psychiatric Crisis Stabilization Services
in a Community-Based Setting*



Wellspring's person-centered philosophy respects each person's unique needs.

Wellspring's Crisis Stabilization Program Serves Adults Experiencing Psychiatric Crisis.

Wellspring's Crisis Stabilization Program helps adults experiencing a psychiatric crisis find stability. In a warm, homelike setting clients receive the psychiatric support and care they need to awaken hope, restore self-sufficiency and find their way back to their everyday lives.



The CSU program staff functions as a team and cares like a family.

Wellspring's team of professionals is committed to providing recovery-oriented, individualized care.

Visitors to our program experience the warmth of a team whose work is guided by the latest clinical research, coupled with compassion, hope, and care.



Symptoms of Crisis May Include:

- Being overwhelmed by stress
- Severe depression
- High level of anxiety
- Family & interpersonal conflict
- Mood swings
- Hearing voices
- Feelings of hopelessness
- Suicidal thoughts
- Racing thoughts

Our Services:

- 24-hour Staff Support
- Individual & Group Therapy
- Person-Centered Planning
- Clinical Evaluation
- Psychiatric Services
- Medication Evaluation
- Art Therapy
- Peer Support Services
- Case Management

At Wellspring, we have three primary goals when treating our clients:

#1: Achieve psychiatric stabilization

93%

of our clients experienced a reduction in psychiatric symptoms

#2: Avoid unnecessary hospitalization

98%

of our clients were treated in a community-based setting without the need for hospitalization

#3: Report satisfaction with services

98%

of individuals surveyed reported a high level of satisfaction at discharge

**Results from FY 2016*

